

52 Lists For Happiness Weekly Journaling Inspiration For Positivity Balance And Joy

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I ordered 52 Lists for Happiness: Weekly Journaling Inspiration for Positivity Balance and Joy by Moorea Seal because I enjoyed her The 52 Lists Project: A Year of Weekly Journaling Inspiration. I wanted to keep exploring this idea of a weekly guided journal. 52 Lists for Happiness took on a different tenor for me though.

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52 List of Happiness Weekly Journaling Book Review. Are you ready to cultivate your own uniquely happy and fulfilling life through the power of lists? If Yes, then, The 52 Lists for Happiness by Moorea Seal is the perfect book for you. It is a weekly Journaling Inspiration for Positivity, Balance, and Joy. Enjoy!

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52 Lists for Happiness: Weekly... book by Moorea Seal

Based on the popular blog series by Moorea Seal, this bestselling journal is for list lovers. Create 52 lists, one for every week of the year, that will help you discover the beauty, joy, creativity, and power you already have! This gorgeous undated journal of weekly lists will help nurture self-expression and self-development.

Amazon.com: The 52 Lists Project: A Year of Weekly ...

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